

How to Eliminate Leg Pain, Swelling, Aching, & Restlessness.

Proven Process to Resolve Your Leg Concerns
And Live An Active Life Again!



What's Included:

- Understanding Vein Disease.
What is it? How does it work?
- Proven Process to Eliminate Vein Disease in Just 30 Minutes!
- Free Self Vein Assessment to Understand Risk Level.

**BONUS: Top 5 At-Home
Remedies to Bring
Immediate Relief Today.**



Why You Might Be Experiencing...

- Leg Pain / Aching / Cramping
- Skin Changes / Discoloration
- Leg & Ankle Swelling
- Leg Heaviness & Fatigue
- Ulcers / Open Wounds / Sores
- Leg Restlessness
- Leg Itching / Burning / Numbness
- Varicose Veins or Spider Veins

Hello,

My name is Dr. Nima Azarbehi, and I co-founded Elite Vein Clinic, a vein clinic with 4 offices throughout the Phoenix Valley.

I wanted to express my sympathy for what you are going through.

Living life each day, with constant leg pain, difficulty being on your feet, restless legs, and just overall leg fatigue, crushes your motivation & confidence and gets in the way of your family, work, and overall happiness.

In addition, it makes it difficult to want to exercise - contributing to weight gain and leading to many other unwanted health complications such as diabetes, neuropathy, and more.

Having seen hundreds of patients go through similar struggles, I can tell you that you are not alone.

You can improve! Your legs can feel like they once did. You can live an active life again!

If you have gone to your doctor and they have stated that 'nothing is wrong with you' - this is NOT true! You are reading this because something is wrong.

Vein disease is often misunderstood and misdiagnosed as diabetes, neuropathy, obesity, CHF, Renal disease, Lymphedema, and restless leg syndrome.

In the following pages, you will be educated, provided free resources, and given the tools to eliminate your leg issues for good.

Dr. Nima & the Elite Vein Clinic Team

VEIN DISEASE?

WHAT IS IT? HOW DOES IT WORK?

In your leg, you have two sets of veins. You have deep veins that are represented here in the **light blue**, then you have superficial veins that are represented by the **dark blue**.

Deep veins are in the deeper part of the leg where the muscles are, and superficial veins are right under the skin.

In a normal person, the blood would circulate from the feet towards the heart in both sets of veins.

When someone has a **venous insufficiency** the blood will actually go up the deep veins and then go backwards into the superficial vein.

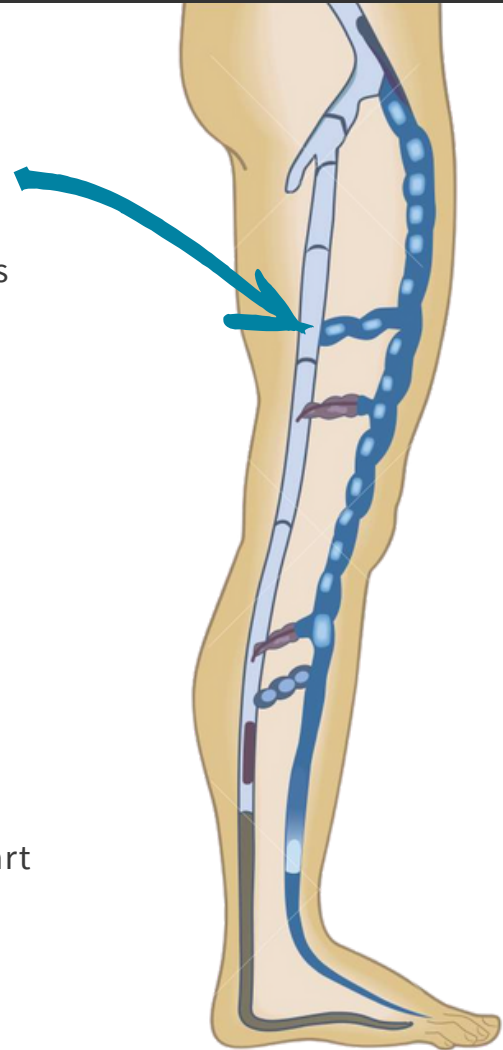
The blood will start pooling in the superficial veins.

Since the superficial veins are closest to the skin, they will start to bulge and create varicose veins.

Other symptoms that may become present are:

- | | |
|--------------------------------|------------------------------------|
| ✓ Leg Pain/Aching/Cramping | ✓ Venous Ulcers |
| ✓ Skin Changes / Discoloration | ✓ Leg Restlessness |
| ✓ Leg & Ankle Swelling | ✓ Leg Itching / Burning / Numbness |
| ✓ Heavy Feeling in Legs | ✓ Aesthetic Appearance of Legs |

Recent studies have shown that a significant percentage of people affected by RLS (*restless leg syndrome*) also have a form of venous insufficiency such as varicose veins. Those same studies showed that treating the vein issues also improves or resolves the symptoms of RLS.



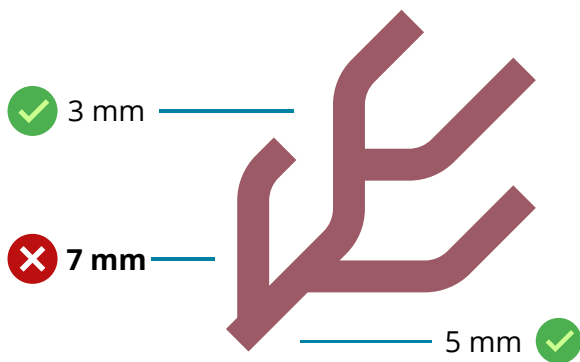
Take Vein
Assessment to
Determine Risk!



VEIN DISEASE?

HOW DO YOU SPOT IT?

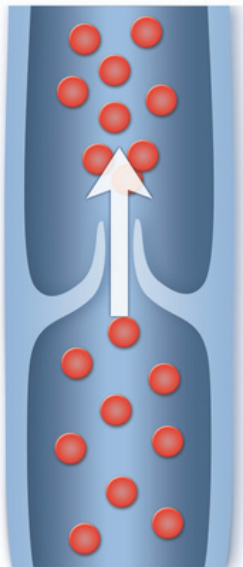
A trained vascular technician does an ultrasound on a patient's legs they look at **TWO** primary areas to determine vein disease.



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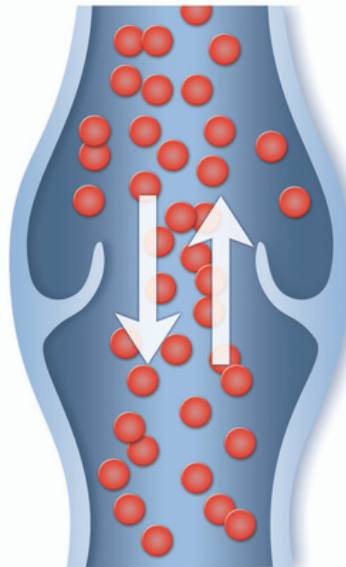
In a healthy vein, the **diameter** of the vein will typically be less than 5 millimeters and the blood will flow from the feet up to the heart and back down continuously.

Healthy Vein Valve



Healthy valves keep blood moving in one direction

Diseased Vein Valve



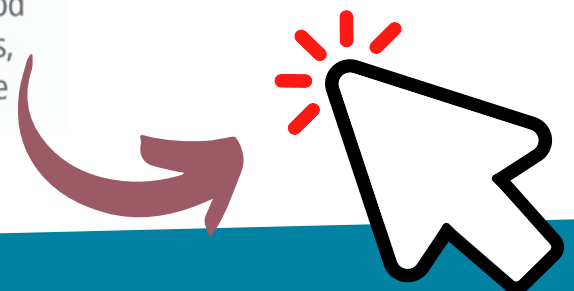
Diseased valves cause blood to move in both directions, elevating venous pressure

Courtesy of Medtronic. © Medtronic. All rights reserved.

2

In an unhealthy vein, our ultrasound will report **blood flowing** in the opposite direction which is called **"Reflux"** and vein sizes increase significantly due to that increased pressure from the excess blood.

[Watch Video To Learn More](#)



VEIN TREATMENT

HOW TO ELIMINATE FOR GOOD

Radiofrequency Ablation (RFA, also known as VNUS or ClosureFAST, is a Medicare-approved, safe, minimally invasive procedure of removing varicose veins.

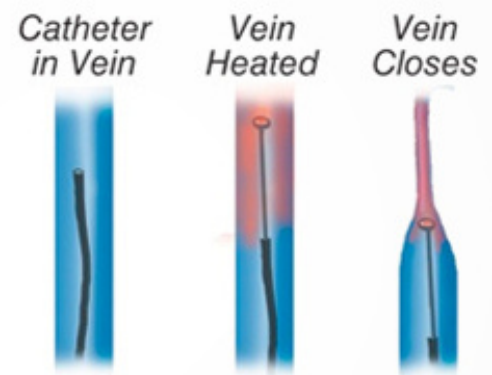
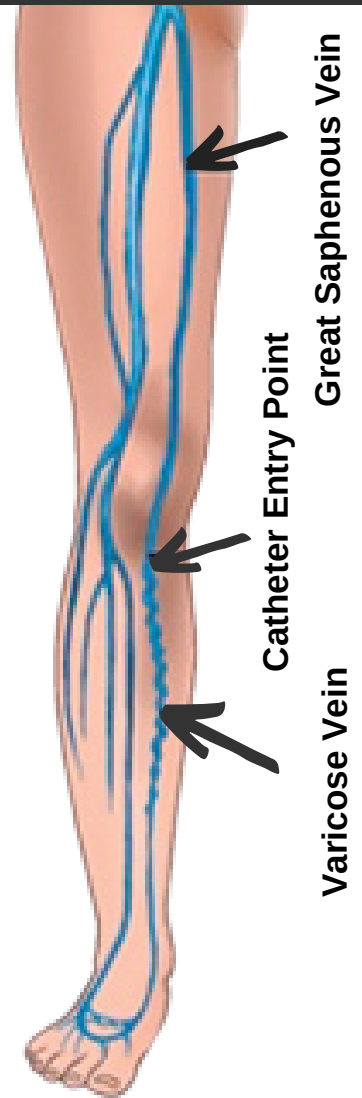
Unlike ligation and stripping where cuts are made over the vein, which is then tied off and stripped, RFA uses clean thermal energy inside the vein to gently close it off, leaving you with little to no marks that heal quickly.

The entire procedure takes **between 15-45 minutes** and can be performed on an outpatient basis.

Many patients return to work the same day and even notice immediate relief. .

Treatment Process

- 1** The process begins by injecting the knee with a local anesthetic (numbing medication).
- 2** Our certified physician uses ultrasound to gently place a needle inside the unhealthy vein and inserts a thin device called a catheter.
- 3** A numbing solution is delivered to the walls of the vein.
- 4** The catheter activates thermal energy that flows inside the walls of the vein.
- 5** The heat seals the damaged vein permanently. Blood flow is re-routed to healthy veins while the body reabsorbs the unhealthy ones over time.
- 6** After about 15-45 minutes, you're done! No more pain, no more unhealthy veins!



CALL US TODAY TO SCHEDULE AN APPOINTMENT! **480-630-2886**

Is treatment covered by Insurance? What insurance do you take?

Yes! Treatment is covered by insurance. We are in-network with Medicare, Medicaid, BCBS, Cigna, Humana, United, Aetna, and dozens of other local & national insurance providers. Give us a call to learn more.

Does the treatment hurt?

Overall, patients report via minimal pain / discomfort and are able to go back to doing the things they love that very same day.

Do you provide the ultrasound at your clinic?

Yes! Unlike most clinics we provide the consultation and the ultrasound on the same day. Your report will be read before you leave our office.

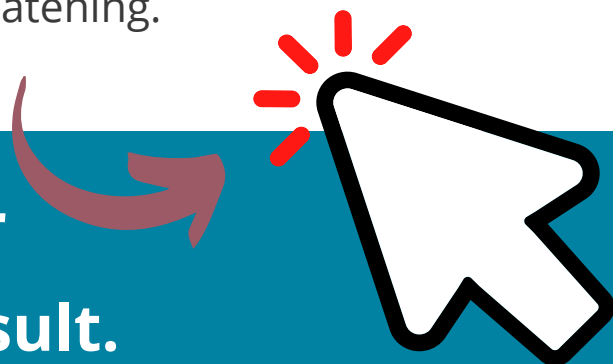
What happens if I don't treat my legs?

Progression of varicose veins can be dangerous since the discomfort can prevent you from living an active life again. This can contribute to unwanted diseases such as diabetes, obesity, neuropathy, and more.

In addition, it can continue to get in the way if your work & family.

Finally, in rare cases, it can cause deep vein thrombosis (DVT) and pulmonary embolism, which can be life-threatening.

***Additional Questions? Call or
Schedule a Free Phone Consult.***



TRUSTED BY

PATIENTS ACROSS THE PHOENIX VALLEY

Scottsdale Elite Vein Clinic

4.9 ★★★★★ (45) · Vascular surgeon

Scottsdale, AZ · (480) 571-9350

Open · Closes 5 PM


 "Dr A ... he's a Super Star vein specialist."

Phoenix Elite Vein Clinic

4.9 ★★★★★ (59) · Surgical center

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Chandler Elite Vein Clinic

4.8 ★★★★★ (30) · Medical clinic

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Peoria Elite Vein Clinic

5.0 ★★★★★ (28) · Vascular surge...

Peoria, AZ

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Patty Kocis

2 reviews

★★★★★ a year ago

After two terrible experiences with past vein doctors, I finally found Dr. Nima. He and his staff are knowledgeable, professional, and caring. For the first time, I'm seeing results and feel confident my vein issues are being treated as they should have been in the past.



Susan Cummings

1 review

★★★★★ a year ago

I never knew that this was covered by Medicare and my restless leg syndrome is GONE! Swelling in spots GONE!! My legs look 20 years younger! Do this! Absolutely no pain. Do this!



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